

| Tell us your personal sustainability story   |      |                      |                         |       |          |   |  |
|--|------|----------------------|-------------------------|-------|----------|---|--|
| What's Your Name? (First name only is OK)  |      |                      |                         |       |          |   |  |
| What County Are You From?  |      |                      |                         |       |          |   |  |
| What is your contact email?  |      |                      |                         |       |          |   |  |
| This is just to allow us check that you're OK with how we publish your story, we don't publish your email or even keep it in our records.  |      |                      |                         |       |          |   |  |
| Are you willing to allow us to publish your story, with photo of you on our website?  We will not identify you by second name or by address - just first name and your town or area.  Yes No |      |                      |                         |       |          |   |  |
|  |      | -                    | r Story Relate          |       |          | 1 |  |
| Home<br>Energy   | Food | In-Ireland<br>Travel | International<br>Travel | Waste | Shopping |   |  |
|  |      |                      |                         |       |          |   |  |
| Other  |      |                      |                         |       |          |   |  |



| Can you tell me what Sustainability Action You Took? (Max 300 words)                          |  |  |  |  |  |
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| What inspired you to do this? Where did you come up with the idea to do this? (Max 300 words) |  |  |  |  |  |
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| What advice would you have for others to do something similar? (Max 300 words)                |  |  |  |  |  |
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